C.V.

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Name: Khitam Salem Odeh Al-Refu

Date of Birth: 01/08/1972
Place of Birth: Amman/ Jordan.

Nationality: Jordanian

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Education Qualifications

- <u>2008</u>: PhD (Clinical PhD in Dermatology), University of Leeds / England. UK.
- <u>2006-2008</u>: Clinical Attachment in Connective Tissue Disease, Leeds General Infirmary / Leeds.UK.
- <u>2006-2008</u>: Clinical Attachment in Dermatopathology, St.James's University Hospital, Leeds.U.K.
- 2001: Jordanian Board in Dermatology and Venereology.
- <u>1997-1998:</u> Resident, Dep. of Internal Medicine, Jordan University Hospital / Amman. Jordan.
- <u>1998-2001</u>: Resident, Dep. of Dermatology & Venereal Diseases, Jordan University Hospital / Amman. Jordan, within the professional residency program completing gradual programmed training.

- <u>1996-1997:</u> Internship (Medicine, Surgery, Gyne & Obst., Pediatrics), Jordan University Hospital / Amman. Jordan.
- 1996: M.B.B.S. Degree in Medicine and Surgery, University of Jordan / Amman, Jordan.

Academic and Administrative Experiences

- <u>2001-2002</u>: Associate specialist in Dermatology Department, Jordan University Hospital, participating in teaching medical students (fifth year) in the Department in addition to management of patients with various medical dermatological problems.
- **2002-2003: Specialist in Dermatology**–Karak Hospital / Jordan.
- <u>2003-2006</u>: Specialist in Dermatology– Private Clinics. Karak and Tafila, Jordan.
- April 2006-July 2008: PhD student in University of Leeds (School of Medicine) /
 U.K., and awarded PhD degree in Clinical Dermatology. The thesis entitled Scarring
 Responses in Cutaneous Lupus Erythematosus.
- April 2006-April 2008: Clinical Training in Dermatopathology at Department of Histopathology of Leeds Teaching Hospitals and St.James's University Hospital.
- April 2006 August 2008: Research training in Immunohistochemical staining
 on skin biopsies investigating different cell markers on stem cells, inflammatory cells
 and analysing the nature of basement membrane of the epidermis and hair follicles at
 Department of Histopathology and Department of Dermatology of Leeds Teaching
 Hospitals.
- <u>Clinical attachment in skin cancer Clinics</u> in Department of Dermatology at Leeds general Infirmary from May 2006 until October 2008 attending skin cancer clinics on

- a monthly basis assessing, examining and treating a range of patients with cutaneous lesions, including all common benign and cancerous lesions.
- <u>Clinical attachment in Connective Tissue Diseases Clinics</u> at Leeds General Infirmary from May 2006- October 2008 attending specialist dermatology clinics in Connective tissue Diseases on a twice weekly basis. And with particular expertise in scarring response in cutaneous lupus erythematosus, as well as in scarring alopecia.
- <u>Clinical Training in Cutaneous Surgery in Department of Dermatology</u> at Leeds general Infirmary from May 2006 until October 2008 on a weekly basis.
- 2008, Assistant Professor in Internal Medicine Department, Mu'tah University / Kark, Jordan, Teaching medical student in their fifth year of training in dermatology and fourth year students in their training in field of Rheumatology.
- <u>2009 2014:</u> (Head of Internal Medicine Department, Faculty of medicine, Mu'tah University).
- **2009 -2011:** (**Head of Internal Medicine Department**, Karak Teaching Hospital).
- <u>2009-2010</u>: the Assistant of Dean of Faculty of Medicine for the clinical part, Faculty of medicine, Mu'tah University).
- <u>2008 /2014:</u> Consultant Dermatologist, Connective Tissue Disease Specialist, Karak Teaching Hospital.
- <u>2013/2014</u>: Vice Dean of Faculty of Medicine for the clinical part, Mutah University.
- 2014/2015: Vice Dean of Faculty of Medicine for the clinical part and for hospitals Affairs, Mutah University.

 2015 until now: Associate Professor (Part time lecturer in internal medicine department, Jordan university, in addition to full time associate professor in Mutah university.

Membership of Committees and Boards

- 2012-Till now: Associate member in the Research Committee, Faculty of Medicine, Mutah University.
- 2008 2012: Associate member in the Continuous medical Education
 Committee, Faculty of Medicine, Mutah University.
- 2012, December: Associate member of the organizing committee of First Conference of Karak Teaching Hospital.
- 2008-Till now: Associate member of the organizing and scientific committees
 of annual conference of Faculty of Medicine, Mutah University.
- 2009-Till now: Chairperson of many clinical sessions in dermatology conferences, Jordan.
- September, 2009 September, 2012: Associate member of the Highest Research Committee, Mutah University.
- September, 2015 till now: Associate member of the Highest Research
 Committee, Mutah University.

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- 2009 Till now: (Examiner in the Jordanian Board in Dermatology and Member in the Scientist Committee in the Jordanian Medical Council).
- 10. 2009 -2010: (the president of media committee in Jordanian association of dermatology).
- 11. Chairperson of **medical committee** of student medical excuses.
- 12. <u>2009-2008</u>: Associate member of higher medical committee of Mutah University.
- 2013- 2015: Associate member of the Central Medical Committee of Mutah University.
- 14. <u>2012-2015</u>: Associate member of **Mutah University Teaching Hospital** foundation Committee.
- 15. <u>2013-Till now</u>: Associate member of **Faculty of Density foundation**Committee. At Mutah University.
- 2013-Till now: Associate member of Editorial Board of Medical Sciences
 Journal of Mutah University.
- 17. <u>2013-Till now</u>: Associate member of **Higher Education Council** of Mutah University.
- 18. Editorial member of most of Jordanian Medical Journals and some of international ones.
- 19. <u>2001-2014:</u> Permanent participant in most of **voluntary medical activities** in Jordan.
- 20. **2001-2014:** Offering several **Educational lectures to local community** in my specialisation.

- 21. Associate member in Mutah University Collage Accreditation Commission.
- 22. 2014-Till now: Accociate member of Arab Board Curiculum Committee (Dermatology speciality).

Conferences, Seminars and Meetings

- 1. <u>19-21 September 2001</u>: The 3rd international congress of the Jordanian Dermatological and Venereological Society.
- 18-April 2002: The 6th scientific day of Jordan University of Science & Technology.
- 3. <u>April 25- 26, 2002</u>: The 1st International Jordanian Symposium on psoriasis, Dead Sea-Jordan.
- 4. October 2003: The 1st Jordanian Conference on Cosmetic Dermatology, Amman
 Jordan.
- 5. <u>April 2002</u>: Dubai Derma Conference on Cosmetic dermatology, Dubai Emirate.
- 6. <u>7-11 July, 2002</u>: Training program in the basics of medical education held at the faculty of medicine, Mu'tah University, Participation in the interactive program of Genital Dermatosis in Amman/Jordan. Two courses / 2003.
- April 2004: Dubai Derma Conference on Cosmetic dermatology, Dubai –
 Emirate.
- 8. **2006-2008**: Regional meetings of Dermatologist in Leeds General Infirmary.
- May 2006 October 2008: Multi-disciplinary team meetings in Department of Dermatology at Leeds general Infirmary from on a monthly basis.

- 10. <u>May 11-13, 2008</u>: The second international conference in cutaneous lupus erythematosus at Kyoto /Japan.
- 11. <u>December 2-4, 2008</u>: Workshop aiming for biological and behavioural assessment of AIDS in Amman / Jordan.
- 12. October 14-16, 2008: The sixth international conference of the Jordanian society of dermatology and venereology.
- 13. <u>April 2004</u>: Dubai Derma Conference on Cosmetic dermatology, Dubai Emirate.
- 14. October 2008: Jordanian Dermopolitan congress. Amman-Jordan.
- 15. **February 2010:** 1st winter Dermoplitan. Amman-Jordan.
- 16. <u>February 21-24, 2013:</u> 13th International Pan Arab League of Dermatology Conference, Dead Sea, Jordan.
- 17. <u>April 2015:</u> Speaker in Dubai Derma Conference on Cosmetic dermatology,
 Dubai Emirate. (Two lectures : stem cell and alopecia , a review to pathogenesis, Hair loss in Jordanian children).
- 18. **May 2015:** speaker in Jordanian Association of Dermatology about Dermoscopy and common hair loss problems.

Associations

- Jordanian Medical Association.
- Society of Jordanian Dermatological Speciality.
- Uropean Academy of Dermatology and venereology Association.
- British Association of Dermatology.

List of presentations and publications

- 1. Al-Rrefu K, Edward S, Ingham E, Goodfield M. Alterations in the basement membrane zone in cutaneous lupus erythematosus (CLE) as demonstrated by immunohistochemistry. *Arch Dermatol Res*, 301(1), pp47-47, 2009.
- Al-Refu K. Scarring responses in cutaneous lupus erythematosus. 2008.
 (Theses).
- 3. Al-Rrefu K, Edward S, Ingham E, Goodfield M. Hair follicle stem cells in the pathogenesis of the scarring process in cutaneous lupus erythematosus. *Arch Dermatol Res*, 301(1), pp48-48, 2009. Poster presentation.
- Al-Rrefu K, Edward S, Ingham E, Goodfield M. Expression of the hair follicle stem cells detected by CK15 stain: implications for pathogenesis of scarring process in cutaneous lupus erythematosus. Br J Dermatol. 2009 Jun;160(6):1188-96.
- 5. Al-Rrefu K, Goodfield M. Immunohistochemistry of ultrastructural changes in scarring lupus erythematosus. Clin Exp Dermatol. 2011 Jan;36(1):63-8.
- Al-Rrefu K, Goodfield M. Scar classification in cutaneous lupus erythematosus: morphological description. Br J Dermatol; 2009 Nov;161(5):1052-8
- 7. Al-Rrefu K, Goodfield M. Hair follicle stem cells in the pathogenesis of the scarring process in cutaneous lupus erythematosus. Autoimmun Rev. 2009 May;8(6):474-7..
- 8. Al-Rrefu K, Goodfield M. Basement membrane changes in lichen planopilaris. J Eur Acad Dermatol Venereol. 2009 Nov;23(11):1289-93.

- 9. AL-Refu K. Stem cells and alopecia: a review of pathogenesis. Br J Dermatol. 2012 Sep;167(3):479-84.
- AL-Refu K. Vitiligo in children: a clinical-epidemiologic study in Jordan.
 Pediatr Dermatol. 2012 Jan-Feb;29(1):114-5
- 11. Al-Refu K. Facial Hyperpigmentation in a Male Patient is the First Presentation of Addison's disease: Case report of Familial Addison's Disease and Review of Literature. Journal of Medicine and Medical Sciences Vol. 4(10) pp. 387-389, October 2013.
- 12. Al-Refu K. General methods in preparation of skin biopsies for heamatoxyline and eosin stain and immunohistochemistry. In: Khopkar U. skin Biopsy. Intech. Org; 2011. pp.19-30.
- 13. Al-Refu K. Skin biopsy and diagnosis of common hair loss problems. In: Fernando S. Skin biopsy diagnosis and treatment. Intech. Org; 2013. pp.13-26.
- 14. Al-Refu K. Immunohistochemical analyses of dermal cell infiltrates in Lichen Planopilaris: Relation to the pathogenesis of the scarring process. Rawal Med J. 2014; 39 (2); 150-154.
- 15. Al-Refu K. Hair Loss in Children: Common and Uncommon Causes; Clinical and Epidemiological Study in Jordan. International J Trichology. 2014; 5 (4); 185-189.
- 16. Al-Refu k. Scarring process in cutaneous lupus erythematosus, a review. J Clin Exp Derma Res. 2014. In press.
- 17. Al-Refu k. A Case of lichen planus with scarring responces mimicking dscoid lupus erythematosus: a case report. European Scientific Journal April 2015

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18. Al-Refu K. Common patterns and etiologic factors of hair loss in Jordanian Governate, Jordan. Rawal Med J. 2015; 40; 203-206.

Awards and Grants

- Hanaoka Seishu award in the Second International Conference on Cutaneous Lupus Erythematosus; Japan (2008).
- 2011. I have been honoured by the President of Mutah University and because achieving my PhD study in two years and three months as a sponsored students from Mutah University.
- 2013, the President of Mutah University has honoured me due to my contributions to the local society and the university.
- 2015, I have been honoured as one of the graduates of the faculty of medicine at the university of Jordan and had large impressive achievements, In the first forum for graduates of the university of Jordan in the faculty of medicine.

Skills in Dermatology

- Researcher specialist in immunohistochemistry studies of the skin.
- Investigations and modern treatment of Connective Tissue Diseases, including scarring alopecia, lichen planus and Cutaneous Lupus.
- Immunohistological and immunofluorescence studies in epidermal and hair follicle stem cells, basement membrane zone and different cellular markers within the skin.
- Skin surgery.

- Dermatopathology.
- Clinical Dermatology.
- Cosmetic Dermatology.
- Lazer management for various dermatological indications.

Teaching Experience.

A. Bachelor Degree

- Fourth year students, rheumatology lectures (2008-2009).
- Fifth year students, dermatology lectures (2008 until now),
 Mutah university.
- Fifth year students, dermatology lectures (September, 2015 until now), Jordan university

B. Dermatology Residents

- Dermatology department (Karak teaching hospital)
- Dermatology Department (Jordan University Teaching Hospital)
- Residents attending dermatology Jordanian board exam

Skills and Advantages

Languages:

- 1. Arabic (mother tongue)
- 2. English (excellent)

Computer

- 1. Dealing with different computers' programmes
- 2. Computer's programmes courses from Leeds University (2006).

3. MUCDL from Mutah university

Interests

- 1. Reading
- 2. Travelling

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