

Curriculum Vitae

Personal information:

Name : Dr. Om ayma Abu Bakr Othman

Gender : Female

Nationality : Egyptian

Martial Status : Married

Religion : Muslim

Date of Birth : November 30, 1960

Place of Birth : Cairo, A.R.E.

Address : 4 B El toub El Ramly — Nasr City, El Hay El Asher,
Cairo - Egypt

Telephone No : 0962-2372030

Mob : (0962) 077691598

Work address : Faculty of Nursing, Mutah University, Jordan

Tel : (0962) 077691598

Current Post : Head of Department Psychiatric & Mental Health
Nursing Department, Faculty of Nursing, Mutah
University, Jordan

Educational Qualifications:

- 1995** Doctorate in nursing science (PhD.) Psychiatric Nursing
Thesis Title: Development and Implementation of criteria selections of nurses students at Ain Shams University.
- 1989** Master in nursing science (M.N.Sc.), Psychiatric Nursing, High Institute of Nursing, Ain Shams University.
Thesis Title: “Assessment of knowledge, practice and attitude of caregivers elderly people.
- 1983** Bachelor Science in Nursing (B.Sc.N.), High Institute of Nursing. Ain Shams University.

Language Skills:

Arabic: Mother tongue:

English: Speaking & Writing

Professional Experiences:

2006 till now : Associate Professor & Head of Depart. Psychiatric , Mental Health and Community Nursing , Mutah University, Jordan

2002 - 2006: Assist Professor & Head of Depart. Psychiatric & Mental Health. Faculty of Nursing, at Ain Shams University.

1995 - 2002 : Lecturer, Psychiatric and Mental Health Nursing, Faculty of Nursing, Ain Shams University:

- Teaching for undergraduate, Master and Doctorate students as well as supervising them faculty of nursing Ain Shams University .
- Teaching psychiatric & Mental Health nursing course to undergraduate students, H.I.N., Zagazig University.

- Teaching psychiatric and Mental Health nursing course to undergraduate, H.I.N., Banhaa University.
- Teaching psychiatric and Mental Health nursing course to Doctorate Degree students, Faculty of nursing at Tanta University.
- Teaching human relation course for master degree' students faculty of nursing Banha University.
- Teaching Psychology course for master degree students faculty of nursing Banha University.
- Teaching psychiatric & Mental Health nursing course for master degree students, faculty of Nursing Banha University.
- Teaching psychiatric and Mental Health nursing course to undergraduate students, H.I.N., Assuit University.

1990 - 1995:

- Assistant lecturer, Psychiatric and Mental Health Nursing, H.I.N., Ain Shams University. Participating in lectures to cover the theoretical part of the course.

1985 - 1990:

- Clinical Instructor, Psychiatric and Mental Health Nursing, High Institute of Nursing, Ain Shams University.
- Clinical Training for undergraduate students, evaluation of students performance, and participating in course evaluation.

Professional Activities:

May 2005:

Planning and organizing a workshop on “written examination: Basis and line for preparation continued “Nursing Education Committee”. Ain shams University 16- 17. May.

February 2005:

Coordinating “training of trainers program” sponsored by Mental Health program in Egypt in collaboration with general secretariat of Mental Health. 12-17 Feb.

January 2005:

Attending and participating in the psycho geriatric course diploma. Held in the institute of psychiatry, Ain shams University, in conjunction with Aarhus county, psycho geriatric department. 13-17 January.

December 2004- April 2005:

Conducting Mental Health nursing capacity building “Training program organized by General Secretariat of Mental Health in collaboration with Mental Health Program in Egypt. In Air port Mental Health hospital.

October 2004-february2005:

Conducting Mental Health nursing capacity building training program organized by General Secretariat of Mental Health in collaboration with Mental Health Program in Egypt in Helwan Mental Health hospital.

April, 2004:

Planning and organizing a workshop on “collaboration between nursing education and services. 21 April.

April 2004:

Participating in the workshop on “Behavioral therapy and obesity prevention” Ain Shams scientific nursing group in conjunction with Quality Nursing Care and Research Association 6 April.

March 2004:

Planning and coordinating the workshop “Stress management held in Egyptian medical syndicate, committee in conjunction with Quality Nursing Care and Research Association 20-March.

March 2004:

Attending and participate in “the 8th Pan Arab Conference on Diabetes PACDB 23-26 March

March 2004:

Participating in the workshop on “lipids and obesity” 8th pan Arab Conference on Diabetes Cairo Egypt.

February 2004:

Participating in the workshop on “Research Design” Continuing Education and Training Nursing unit, Ain Shams University. 26, Feb.

September - December 2003:

Conducting Mental Health Nursing Capacity building training program organized by General Secretariat of Mental Health in collaboration with Mental Health Program in Egypt. in El-Khanka Mental Health Hospital.

September 2003:

Attending in the Diabetes and the heart conference.

January-April 2003:

Conducting Mental Health nursing capacity building training program organized by General Secretariat of Mental Health in collaboration with Mental Health Program in Egypt. In Abassia Mental Health hospital.

April 2003:

Attending and participating in the “Disasters in Health Buildings” Held in Arab League”.

March 2003:

Participating in the annual international congress, the Egyptian psychiatric association “psychiatry update”.

March 2003:

Planning, coordinating a workshop on “Basic Evaluation (Theory and Practice). Continued nursing Education Committee Ain Shams University. 18-19 March.

September 29th October 3rd 2002:

Attending and participating in a workshop on “Statistical Analysis and the use of Statistical Analysis. In Ain Shams university research and Training center on Vectors of Diseases.

October 2000:

Participating as a member of the organizing committee for the preparation for the 6th International Congress of nursing on Era of Technology, October.

July 2000 till now:

Planning, organizing periodical training program every other month for family caregivers of Alzheimer patients.

July 2000:

Planning and organizing a workshop on “Basic Statistic” July 1-3, In the Faculty of nursing.

June 2000:

Planning, organizing conducting and evaluating a workshop on “Changes in Old Age”, June 19 - 21, in the Faculty of Nursing. Ain Shams University.

May 2000:

Attending and participating in a training program on “Old Age Psychiatry”. May, 2 - 6, held in the institute of Psychiatry, in conjunction with Liverpool College London.

April 2000:

- Attending and participating in the first regional conference for geriatric care titled “Aging in the Arab World-Reality and Prospective in the Beginning of the third Millennium” April 3-5.
- Planning, conducting and evaluating an upgrading program for African nurses with the assistance of the college of nursing at Ain Shams University, Egypt, in conjunction with Egyptian fund for Technical cooperation with Africa (EFTCA) and Norwegian Agency for Development Cooperation (NORAD).

- Attending and participating in the workshop on “Family therapy”, April 21 - 25, held in the Institute of Psychiatry, in Conjunction with King’s College London.

March 2000:

Conducting and evaluating a workshop on “concepts of "occupational therapy”. March 18.

February 2000:

- Attending and participating in the 23rd International Annual Ain Shams University Medical Congress Integrated Medicine, Feb 21 -24.
- Participation in the congress of “Psychiatry and Mental Health Services in a coming Century”. The international congress for Egyptian association working in the field of mental association for Mental Health, February 15 - 17.

November 1999:

- Planning and organizing a workshop on “Types of Scientific Research”, November 7.
- Planning and organizing a workshop on transpersonal psychotherapy new (old) role of the nurse. November 16. Participating as a member of the organizing committee for the preparation for the 4th International Congress of Nursing on “Health Promotion for Quality Life”. November 28 - 30.

October 1999:

Planning and organizing a workshop on “Performance Improvement” October 20.

May 1999:

Planning and organizing a training program on “Group Psychotherapy” in the Faculty of Nursing Ain Shams University. May 23, June 1-6.

April 1999:

Attending and participating in the workshop on “Old Age Psychiatry” held in the Institute of Psychiatry in Conjunction with King’s college London University.

March 1999:

Attending and participating in the annual international congress for the Egyptian psychiatric Association on “Psychiatry and Neuro Sciences in the next century”. March, 24-26.

February 1999:

Attending and participating in a workshop on “Socio Culture Psychiatry: Biopscho-socio cultural Aspects addiction. February 4-6.

Dec. 1998:

Attending and participating in the first International Pan African Congress of Psychiatric. December 16 - 18.

Feb. 1998:

- Attending and participating in the workshop on “Socio Cultural Psychiatry held in the Institute of Psychiatry ,in Conjunction with the Royal Holloway University of London”. February 14 -17.
- Attending and participating in the training program on “Egyptian Old Age, 21 Century” in the old age department. February 17- 19.

- Attending and participating in the workshop on “Team Building” A challenge for Achieving Quality Health Care”, February 25 - 26.

Dec. 1997:

Participating in the workshop on “situation of the handicapped child in Egypt (Recommended Nursing Role) Community Health Nursing Department, Faculty of nursing, Cairo University, December 21 - 22.

May 1997:

Participating in the workshop on “Grant proposal writing” , May 5-7.

April 1997:

- Attending and participating in the Ain Shams Congress Pediatric dep. “Together for Healthy Childhood”. April 3-4.
- Participating as a member of the Geriatric Nursing consultant at Gebril for training & consultancy work responsibilities were geared on giving lectures about the rehabilitation program for the preparation of Elderly Assistance. Participating in the Workshop on “Kasr El Aini as a Clinical Teaching Setting for Student Nurses”, October 25-26. Submitted from the Medical surgical nursing department in conjunction with the Japanese Technical Cooperation Project.

March 1996:

- Attending and participating in the workshop on: “Clinical Nursing and Ward Management in Emergency”: Nursing Administration Department Cairo University in conjunction

with the Japanese Technical Cooperation Project.
March 12 -13.

- Attending and participating in the workshop on “Staff Development in Psychiatric Nursing Practice”, Psychiatric and Mental Health Nursing Department, Cairo University in Conjunction with the Japanese Technical Cooperation.
- Attending the conference for Geriatric Health “Organized by the Egyptian Association for Geriatric Health”.
- Attending and participating in the 1st international Conference for Nursing in the Faculty of Nursing, Ain Shams University.

Feb. 1996:

Attending and participating in the 19th International Medical Conference on “Health for All, All for Health” February 26 -29.

Activities outside Egypt:

Jun 1999:

Attending and participating in the workshop on “Alzheimer’s Disease international’s A1-Zheimer University Course. Invitation from International Association for Alzheimer in U.K. London Jun.

July 1999:

Attending and participating in the 9th International Congress on “A meeting of minds care and Science in Dementia”. Invitation from London Alzheimer Association in conjunction with Europe Group Caring Alzheimer Patient. July.

May 1997:

Attending and participating in the International Course through Invitation from International Institute for elder Science Studies - Malta in conjunction with United Nation. May.

Activities in Helwan University:

- Participating as a member of the committee for the preparation of the rule and curriculum related to the studies special (Diploma, Master, Doctorate) in science of geriatric for High Institute of Old age studies, April 1996.
- Participating as a member of the consultants committee (Multi disciplinary team) concerning old age care (1996 - 1997).
- Preparing the internal rule & organizing related to the center of Health and Social care for Old Age.
- Planning, Organizing, conducting and evaluating the training course for the team health members, December 17, 1996 to March 18, 1997.
- Planning, Organizing, conducting and evaluating the training course for the elderly Aids, June 28 - August 29, 1997.

Membership in Professional Organization:

- General Secretary of the Egyptian Association Caring Al-Zheimer patients & their families.
- Member of the Quality of Care & Researches Association
- Member of the Egyptian Association for Mental Health.
- Member of the students issues committee, Faculty of nursing Ain Shams University.
- Member of Alexandria Scientific Nursing Journal Faculty of Nursing Alexandria University.

Publications:

2007

Effect of Nursing Intervention Program on Psychosocial Responses and Coping Strategies of Infertile Women During In Vitro Fertilization (IVF). REPRESENT FROM THE SCIENTIFIC JOURNAL OF AL-AZHAR MEDICAL FACULTY{GIRLS}(28) 1,January.

2007

Attention Deficit Hyperactivity Disorder among School Age Children. The Medical Journal of Cairo University (75) 2,(suppl.II)June.

2007

Counseling Intervention for Parents' Coping Patterns toward Their Children with ADHD. The New Egyptian Journal of Medicine (37) 6, supplement December

2004

Training Chronic Schizophrenic Patients to Independently Practice Self-care Skills and Reducing Negative Symptoms. The Medical Journal of Cairo University (72) 3, sept. (suppl.)

2003

Group support and community - based intervention for caregivers' of Alzheimer's patients. Alexandria scientific Nursing Journal Faculty of Nursing University of Alexandria (2, 1) July; 25 - 43.

2003

Effect on an Intervention Program for Family caregivers of the elderly with communication problems, the seventh International Nursing Congress Ain Shams University. October, 259- 278.

2002

Efficacy of social skills training versus a problem solving Approach on symptom severity and adjustment among schizophrenic out patients. The New Egyptian Journal of Medicine 26 (6) 1 June.

2002

Effect of giving guides on patients before gastrointestinal Endoscope. The Egyptian Medical Journal 27 (4) October-December.

2000

Effect of counseling on patterns of care and life burden on family caregivers of schizophrenic patients. The Medical Journal of Cairo University 14 (6) Sept. 203, 209.

1999

Efficacy of training program about Detection of antipsychotic side effects by the psychiatric nurses. The Egyptian Journal of Medicine 24 (30) July, 202, 209.

1999

Counseling Intervention with children having chronic renal Failure on their self-care. The New Egyptian Journal of Medicine 2 1(6) Dec. 350 356.

1999

Integrating Health - promoting lifestyle with occupational Health protect4on Influence of a work site program. The New Egyptian Journal of Medicine 20 (1) Supp Jan. 25 - 35.

1998

Burden and coping strategies among caregivers caring for demented elderly persons. The new Egyptian Journal of Medicine 19 (1) July 41-49.

1997

Relationship between perceived self-Efficacy, Functional Ability and Depressive symptoms in the elderly. The New Egyptian Journal of Medicine 16 (3) March 47 - 54.

1996

Placement of field student among Newly ones during, the academic year at nursing learning experience the Egyptian Journal of Medicine 7 (12) July, Dec. 193-217.

1996

Psychological Effects of chronic illness on school age children. The Egyptian Journal of Pediatrics 13 (1,2) supp. 283 -292.

1996

Elders and Health Insurance System In Egypt: Needs Assessment. Ain Shams 19th International Medical Congress Feb. 273 - 296.

Supervised scientific researches.

Master degree:

- **Salah, E. (2005):** Awareness of professional workers at primary schools about child abuse Ain Shams university.
- **Nasef H. (2004):** Impact of care giver's practices on daily living activities of mentally disabled children attending specialized institutions. Banhaa University
- **Abd Al Latief A. (2004):** Effect of activity therapy on symptoms of schizophrenic patients.
- **Barakat, O. (2003):** factors affecting leadership abilities as perceived by nurse manager and its relation to their leadership styles.
- **Mahmoud, H. (2003):** Stress experienced by nurses working at military and non military hospitals.
- **Hossny, M. (2001):** Assessment of nurses role in caring of psychiatric patients receiving Electro convulsive therapy.
- **Nasr, A. (2001):** Effect of play preparation on the anxiety level of children undergoing invasive nursing procedures Ain Shams University.
- **Mahmoud, F. (1998):** Self-care and Interpersonal relations theoretical frame-work in application of psychiatric nursing practice, Ain Shams university.
- **Ibrahim, A. (1998):** The Impact of relapse of schizophrenia on patients' functions and their families.

Doctorate Degree:

- **Ahmed, M. (2005);** Psychosocial Intervention for institutionalized elderly people. Ain Shams University.
- **Hosney, M. (2005);** Nursing Intervention for schizophrenic patients in Tanta hospitals. Tanta University.
- **Mourad, Gh. (2004);** Social and Technical coping skills for school age children with attention deficit hyper activity disorder.
- **Mohamed, E. (2004);** Coping Strategies for Family care givers of dementia patients. Ain Shams University.
- **Tawfik, A. (2003);** Effect of an Intervention Program for Family care givers of the elderly with communication problems.
- **Mahmoud, M. (2003):** Psycho-social Intervention for withdrawal behavior among schizophrenic patients.
- **Mahmoud, F. (2001):** An Intervention program for Nurses caring for psychiatric patients for alleviation of occupational stress. -
- **Mahmoucl S. (1999):** Educational Program for Family Care-givers living with schizophrenic patient.

Discussion of scientific Thesis:

Master degree: -

- **Salah, Sh. (2005):** Stressor and coping patterns among mothers of school age epileptic children. Faculty of nursing. Ain Shams University.
- **Shehata, B. (2005);** Adaptation patterns among patients an haemoid dialysis therapy faculty of nursing. Ain Shams University.

Doctorate Degree: -

- **Abd Elal, M. (2004);** Effective nursing intervention for formal and informal care givers caring for demented patient. Ain Shams University.